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12 February 2014

A meeting of the **OBAN LORN & THE ISLES COMMUNITY PLANNING GROUP** will be held in the **CORRAN HALLS, OBAN** on **WEDNESDAY, 12 MARCH 2014** at **2:00 PM**.

AGENDA

- 1. APOLOGIES
- 2. DECLARATIONS OF INTEREST
- 3. MINUTES

Oban, Lorn and the Isles Community Planning Group – 11 December 2013 (Pages 1 - 6)

4. PARTNERSHIP UPDATES

- (a) POLICE SCOTLAND

 Verbal update by Police Scotland
- (b) SCOTTISH FIRE AND RESCUE Verbal update by Scottish Fire and Rescue
- (c) SCOTTISH WATER
 Verbal update by Joanna Peebles, Scottish Water
- (d) NHS HIGHLAND
 - Alcohol

Report by Craig Mcnally (Pages 7 - 10)

(e) ACHA Verbal update by Iona MacPhail, ACHA



- (f) ARGYLL VOLUNTARY ACTION
- 5. ISSUES RAISED BY COMMUNITY COUNCILS
- 6. ISSUES RAISED BY THIRD SECTOR PARTNERSHIPS
- 7. BEFRIENDERS Presentation by Cathi Bertin, Befrienders
- 8. COMMUNITY SAFETY HIGHLIGHT/EXCEPTIONS REPORT Report by Area Governance Officer (to follow)
- 9. AREA COMMUNITY PLANNING GROUP EVENTS Verbal update by Community Development Officer
- **10. FUTURE MEETING PROGRAMME**Verbal update by Area Governance Manager

OBAN, LORN AND THE ISLES COMMUNITY PLANNING GROUP

Councillor Mary-Jean Devon
Councillor Fred Hall
Councillor Alistair MacDougall (Chair)
Councillor Roderick McCuish
Councillor Elaine Robertson (Vice-Chair)

MINUTES of MEETING of OBAN LORN & THE ISLES COMMUNITY PLANNING GROUP held in the CORRAN HALLS, OBAN on WEDNESDAY, 11 DECEMBER 2013

Present: Councillor Alistair MacDougall (Chair)

Councillor Elaine Robertson Councillor Fred Hall

Councillor Iain A MacDonald

Councillor Roddy McCuish Councillor Duncan Macintyre

Malcolm MacFadyen, Argyll and Bute Council Shirley MacLeod, Argyll and Bute Council Arlene Cullum, Argyll and Bute Council Brenda Sutherland, Argyll and Bute Council Jane Fowler, Argyll and Bute Council Margaret Fyfe, Argyll and Bute Council Alistair Davidson, Police Scotland Eddie Renfrew, Scottish Fire and Rescue

Iona MacPhail, ACHA Frank Roach, HITRANS

Lorna Crawford, NHS Highland (Argyll & Bute Choose Life) Julie Young, Argyll and the Isles Coast & Countryside Trust

Marri Malloy, Oban Community Council

Jessie MacFarlane, Oban Community Council

Duncan Martin, Oban Community Council

Sandra Russell, Oban Community Council

Caragh Scott, Connel Community Council

Les Stewart, Connel Community Council

Sandy Dunlop, Connel Community Council

James Wilkin, Glenorchy and Innishail Community Council

John Kerr, Glenorchy and Innishail Community Council

David Sloss, Taynuilt Community Council

Duncan MacLeod, Befrienders

D Mitchell, Kilninver & Kilmelford Community Council

1. APOLOGIES

Apologies were received from:-

Joanna Peebles, Scottish Water Veronica Kennedy, NHS Highland Glenn Heritage, Third Sector Partnership

2. DECLARATIONS OF INTEREST

There were no declarations of interest.

3. MINUTES

The Minutes of the previous meeting of 11th September 2013 were

approved as a correct record.

4. TRAIN ARRANGEMENTS FOR YOUNG PEOPLE FROM NEXT AUTUMN

Frank Roach from HITRANS and the Head of Facility Services gave a presentation to the Group on the extra train arrangements which will be in place from May 2014 onwards and how they intended to manage these services.

He spoke about their current plans to replace bus shelters and make the service better for our area.

A number of concerns regarding pupil safety were raised, and there was a request for a parent group to be formed as a matter of urgency to discuss these and associated issues. There was a also a request that a trial run of the service be undertaken in advance of the summer holidays in order that logistical issues are addressed before the full service is introduced in August 2104. The Head of Facility Services agreed to progress both of these matters.

Decision

The Group noted the information provided.

5. PARTNERSHIP UPDATES

(a) **NHS**

Food and Health

It was agreed that the report on Food and Health would come to the March 2013 meeting.

Mental Health and Wellbeing

Lorna Crawford gave an update to the Group on mental health and wellbeing and suicide prevention in Argyll and Bute.

Decision

- 1. The Group noted the paper;
- 2. The Group agreed to provide support for the ongoing stakeholder consultation regarding the Choose Life Project Service Level Agreement; and
- 3. The Group considered their role in relation to prevention of suicide and self harm in Argyll and Bute.

(Ref: Report by Lorna Crawford dated October 2013, submitted).

(b) POLICE SCOTLAND

Alistair Davidson from Police Scotland gave a presentation in regards to proposed structural changes within Police Scotland. He advised the proposed change in Argyll and Bute is based on a model

that is successful in West Dunbartonshire.

The group gave further discussion to potential difficulties that local police officers could encounter travelling between the geographical areas within their allotted area and on the impact that reduced senior officer resource could have which would onto both statistics and local community issues. The agreement of the meeting was that the proposed changes were not acceptable.

The Group noted the information provided.

(c) SCOTTISH FIRE AND RESCUE

Eddie Renfrew from Scottish Fire and Rescue updated the Group on the 50 accidental dwelling house fires from the beginning of April 2013 and advised there has been 15 home visits in the area.

He advised that the Bonfire Campaign was a success and Taynuilt Primary School won their competition.

Eddie informed the Group that Scottish Fire and Rescue have recently started the Winter Campaign which covers safety with alcohol, candles, home safety and chimney fires.

He advised they are currently looking to address personnel and have a meeting in early January, when they are also holding a 'Firefighter for the Day' event on 10th January where they will be inviting a selected number of people into the station to run workshops on what Scottish Fire and Rescue carry out on a day to day basis and there will be the opportunity to experience in a diluted sense some of the training which fire-fighters have to undergo so that the breadth of the role of a fire fighter can be better understood.

(d) **SCOTTISH WATER**

There was no one present from Scottish Water so this item will continue to the March 2014 meeting where Joanna Peebles, the new Regional Community Team Manager will be present.

(e) ACHA

Iona MacPhail from ACHA gave a presentation to the Group.

She spoke about the associations new build programme with 8 houses in Dalmally, 40 new houses at Glenshellach in Oban and 2 for Bonawe . .

She advised that the ACHA payment card that has been introduced in 2011 has taken in £3 Million in a year and is working well for their tenants.

The Group noted the information provided.

(f) SCOTTISH NATURAL HERITAGE

A report advising the Group of the progress with the Argyll and the Isles Coast and Countryside Trust was considered.

The report speaks about the ACCIT which is the partnership organisation that is intended to support the main themes of the Single Outcome Agreement in terms of improving our economy, attracting more people to live and visit Argyll and Bute, and working together in local communities to deliver services in a different way. The ACCIT intends to be ready for an official launch in Spring 2014.

Julie Young, Development Officer gave a presentation to the Group.

Decision

The Group noted the contents of the report and presentation.

(Ref: Report and presentation by Julie Young, Development Officer dated 11th December 2013, submitted).

(g) COMMUNITY COUNCILS

Duncan MacLeod from Befrienders, gave a presentation to the Group on Befriending for the Elderly and the positive impact which the scheme can bring to isolated elderly people.

Decision

The Group noted the information provided and agreed that the provision of such a scheme in Oban, Lorn and the Isles would be of great benefit to the whole community.

(h) THIRD SECTOR PARTNERSHIPS

There were no third sector partnership updates intimated.

6. COMMUNITY SAFETY/HIGHLIGHT EXCEPTIONS REPORT

A report updating the Area Community Planning Group regarding the main pieces of work undertaken by the Area Community Safety Partnerships was considered.

Decision

The Group noted the work undertaken.

(Ref: Report by the Area Governance Manager dated 8 November 2013, submitted).

7. EFFECTIVE INTEGRATION OF LOCAL TRANSPORT NETWORKS

A report detailing the level of integration between the public transport

network and popular footpaths was considered.

Decision

The Group noted the information provided.

(Ref: Report by Public Transport Officer dated 11th December 2013, submitted).

8. PRIMARY SCHOOLS STANDARDS AND QUALITY REPORT

It was agreed that this item would be taken at the March 2013 meeting.

9. SOA PROGRESS REPORT

The Head of Improvement and HR spoke on the SOA that the Council had endorsed in June 2013. She advised a 3 year improvement plan had been drawn up, spoke regarding the themes which make up the SOA as well as outlining the process for taking forward area based engagement events.

Decision

The Group noted the update provided by the Head of Improvement and HR.

10. THIRD SECTOR ASSET TRANSFER

Brenda Sutherland from the Social Enterprise Team gave a presentation to the group and updated everyone on recent issues regarding the benefits and the process of Third Sector Asset Transfer.

Decision

The Group noted the information provided.

(Ref: Presentation by Development Worker dated 3rd December 2013, submitted).

11. COMMUNITY PLANNING CONSULTATION EVENTS

The Oban, Lorn and the Isles Community Development Officer advised that the Consultation events were currently 'on hold'. She advised of forthcoming workshop to be held on Tuesday 4th February 2014 in the Corran Halls, Oban with an evening question time event.

Decision

The group agreed the workshop dates.

Area Community Planning Group Paper from Health Improvement NHS Highland Jan 2014

Alcohol

Craig McNally, Senior Health Promotion Specialist (Alcohol & Drugs), Argyll and Bute CHP

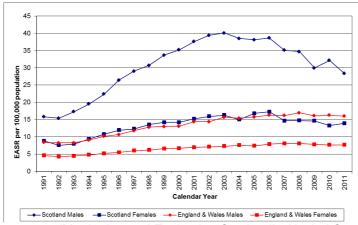
The Area Community Planning Group is asked to:

- Note this paper.
- Encourage an increase in the delivery of or participation in alcohol education and interventions by stakeholders.
- Encourage engagement in Local Drug & Alcohol Forums (or Substance Misuse Groups)

1 Context and Background

"Reducing population levels of alcohol consumption as a component of reducing alcoholrelated harm is a key outcome of Scotland's alcohol strategy."

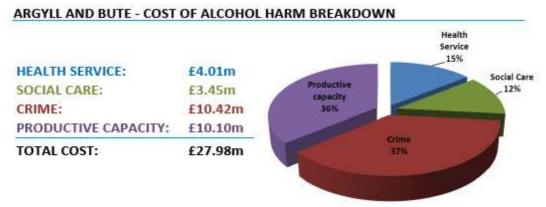
Alcohol-related deaths (underlying cause), Scotland, England & Wales, EASR, by gender, 1991-2011



(Monitoring and Evaluating Scotland's Alcohol Strategy Third Annual Report December 2013)

"The overall rate of hospitalisation associated with alcohol conditions amongst the intermediate geographies (within Argyll & Bute CHP), was 1117 per 100,000 population, relative to an overall Health Board rate of 1291 per 100,000. Significantly higher rates were in four of the intermediate geographies of Dunoon, Campbeltown, Oban North and Oban South, the latter the highest at 2255 per 100,000."

(Adult Health Profiles 2012 – Epidemiology & Health Science Team (Public Health)



(The Cost of Alcohol in Argyll and Bute 2010/11 – Alcohol Focus Scotland)

According to Alcohol Focus Scotland the cost of alcohol related harm to Argyll & Bute was around £28 million in 2010/11. This equates to £314 per head of population in Argyll & Bute.

The 'ScotPHO Alcohol and Drugs Profiles 2013' indicated that Argyll & Bute Council had the highest rate in Scotland for combined on and off trade premise licences at 80.7 per 10,000 population.

Statistics on the use of alcohol amongst young people in Argyll & Bute show that there is a higher than average experimentation and use of alcohol than the rest of Scotland (Argyll & Bute Alcohol and Drug Partnership Strategy 2013-2016).

2 Ongoing Activity Aimed At Reducing Alcohol Related Harm

Argyll & Bute Alcohol and Drug Partnership Strategy 2013-2016 has the following as one of its four priorities: "Health in Argyll & Bute is maximised and communities feel engaged and empowered to make healthier choices regarding alcohol and drugs". The ADP indicates that there needs to be a number of inter-related strands to ensure that individuals and communities have access to appropriate information, knowledge and skills which enable them to make positive, well informed, choices regarding their alcohol use. The ADP makes the point that prevention of problematic use of alcohol "is more cost effective and desirable than treating established problems". The ADP prevention strategy covers a wide range of activities using many different methods for both focused and whole population approaches. In line with the Joint Health Improvement Plan 2013 – 2016 this work uses an "assets based approach" aimed at creating and supporting healthy communities by building on assets and resources already present in these communities. It involves breaking down boundaries and not looking at topics such as harmful drinking or smoking in isolation from other factors in health, such as poverty, employment status, educational attainment etc. This approach can include activities and programmes aimed at reducing risky behaviours and/or improving community attitudes to alcohol use and can be delivered in settings ranging from Nurseries and Schools through to Adult Education Centres and Older People's Forums. The types of activities that have already been delivered in some areas of Argyll & Bute include:

Oh Lila & Rory – two programmes designed by Alcohol Focus Scotland for use with nursery and primary age children respectively which aim to increase children's resilience and ability to talk about issues that are happening in their home, including alcohol and parental drinking. The training has increased staffs awareness of the issues and confidence to support children when such issues are highlighted.

Schools and Youth service education – across Argyll & Bute there are a range of approaches to the delivery of alcohol education within schools. The Health Improvement Team as well as Drug & Alcohol service Providers and Youth Services supports schools by delivering a variety of activities and programmes which compliment the Curriculum For Excellence including alcohol education at assembly, alcohol workshops within the classroom and alcohol as part of focussed programmes for specific groups. In addition to this there is work being delivered by Peer Educators in some schools in Argyll & Bute. These are young people who have been trained and are supported to deliver alcohol and drug messages to their peers. A number of schools in Argyll & Bute have established programmes of on-site support delivered by external organisations where young people can go and talk about issues including their own or someone else's alcohol use.

Community Action Lochgilphead Ardrishaig (CALA) – This community based local action group has focussed on the issues associated with alcohol within the Lochgilphead and Ardrishaig community. The project has helped raise awareness of some of the issues associated with alcohol use within the community through surveys, community meetings and awareness raising campaigns. They have used the information they gathered to encourage

change at an individual and organisational level. It is hoped that they will be able to expand the project to take in the whole of Mid-Argyll in the near future.

Workplace alcohol education sessions – As part of a Healthy Working Lives initiative or simply as a way of increasing staff knowledge and understanding about the issues associated with alcohol use a number of organisations have requested alcohol workshops and information stalls to come to their workplace. These have included NHS Highland, Argyll & Bute Council as well as several private companies. These have sometimes been delivered in conjunction with wider health checks and awareness raising of other health issues.

Alcohol Brief Interventions - ABI is a population wide approach to reducing the harms associated with alcohol use. It is aimed at reducing the average consumption of the whole population and as such is targeted at people drinking at hazardous and harmful levels NOT AT DEPENDANT DRINKERS. Hazardous drinking patterns can include anyone who drinks more than six units (female) or eight units (male) of alcohol on a regular basis. As such the target group for delivery of ABI in Scotland is a relatively high percentage of the population. ABI should routinely be delivered within Primary Care settings (including GP practices), A&E departments and Maternity Services. It can also be delivered within a variety of wider settings including any organisation or agency who is supporting/working with the public.

Alcohol & Drug Partnership Local Forums – there are seven local drug and alcohol forums (or Substance Misuse Groups) across Argyll & Bute. Each one is a partnership of local organisations and individuals interested in reducing the harm associated with drug and alcohol use. They support a variety of activities within their community both by providing grants to local groups and by taking a leadership role on events and activities aimed at raising awareness. Partners include Local Councillors, Youth Organisations, Schools, Housing providers as well as Drug & Alcohol service providers. The forums all welcome the participation of new members and are happy to support local initiatives.

3 Next Steps

Where possible partners should be encouraged to engage with their local Drug and Alcohol Forum (or Substance Misuse Group). By doing so they will both help increase the knowledge of their workforce and the population they serve as well as help target local strategy to the areas/issues of greatest need. Managers should encourage and support staff to participate in alcohol training including Alcohol Brief Interventions. The resultant learning can then be used and/or cascaded to the wider population. CPG partners can also promote workplace and community based alcohol education activities and participation in events such as Alcohol Awareness Weeks or Alcohol Free Months. By doing this in conjunction with reviewing alcohol policies and strategies communities across Argyll & Bute can reduce the risk of harm associated with alcohol.

Health Improvement Team Argyll and Bute CHP January 2014 This page is intentionally left blank